

Mountain Biking - Esthwaite Round

Distance – 7 Kilometres / 4 Miles – Approx Time 30 mins – 1.5 hours

Terrain – the whole route is on tarmac quiet country lanes – extra care should be taken with young children and the traffic.

1. From Hawkshead follow the road south towards Newby Bridge. Eventually you enter woods with access to the lakeshore on your left – maybe a picnic spot.
2. Turn left at the road junction and follow into the village of Near Sawrey. Refreshment and a visit to Hill Top available.
3. At Near Sawrey turn left and follow the road on the opposite side of Esthwaite Water back to Hawkshead.

Remember - do not just print this and follow, as the description is a guide to the route. You will need to plot this route on your OS map (Explorer OL7) before you start your ride. Please also remember that these routes may travel through working forests and there will be times when forest operations will leave forest roads closed to the general public. Please remember to adhere to all forest signs for your safety.